Patient Information

CONFIDENTIAL

Eastern Harmony Acupuncture & Herbal Clinic ■ 3100 Weslayan, Suite 255 ■ Houston, TX 77027 Phone: 713-529-1610 Fax: 713-529-6870
www.easternharmonyclinic.com

Welcome to Eastern Harmony Acupuncture & Herbal Clinic

Please take a moment to provide us with some information about yourself and your health conditions so that we may do our best to treat you. Eastern Harmony Clinic considers this information privileged physician/patient communication and will hold it in confidence.

NAME (LAST, FIRST, MIDDLE)	DATE

AGE	DATE OF BIRTH	SEX	MARITAL STATUS
		☐ Male ☐ Female	☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed

PHONE (HOME)	PHONE (CELL)	PHONE (WORK)

HOME ADDRESS		
CITY	STATE	ZIP

OCCUPATION	EMAIL ADDRESS

EMPLOYED BY		
EMPLOYERS ADDRESS		
CITY	STATE	ZIP

REFFERED BY

SPOUSE'S NAME

CONTACT IN CASE OF AN EMERGENCY	RELATIONSHIP	PHONE

ADDITIONAL INFORMATION/NOTES

I understand that I should be evaluated by a physician for the condition I am requesting consultation. The diagnosis and treatment plan I will be given by Eastern Harmony Clinic is based upon Traditional Chinese medical principles and natural treatment only, and does not constitute a western medical diagnosis. I understand that I am not to rely on Traditional Chinese diagnosis and treatment as my sole remedy for the treatment I am seeking. I understand if no substantial improvement is made in the condition for which I am seeking consultation, I am to seek advice from a western medical doctor. Further, if I am concurrently undergoing western medical treatments, it is my responsibility to advise my physician of any herbal supplements I am concurrently taking.

SIGNATURE _____ DATE _____

Eastern Harmony
ACUPUNCTURE & HERBAL CLINIC

Medical History

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NAME (LAST, FIRST, MIDDLE) | DATE

MAJOR COMPLAINT/HEALTH PROBLEM

HOW DID THIS CONDITION DEVELOP?

HOW LONG HAS THIS CONDITION PERSISTED?

IS THERE ANYTHING THAT MAKES IT BETTER?

IS THERE ANYTHING THAT MAKES IT WORSE?

HAVE YOU EVER RECEIVED TREATMENT FOR THIS CONDITION? ☐ Yes ☐ No | IF YES, WHEN?

WHERE? | BY WHOM?

WHAT WAS THE DIAGNOSIS? | WHAT KIND(S) OF TREATMENT?

WHAT WERE THE RESULTS OF THE TREATMENT?

LIST ANY SUBSTANCES THAT YOU ARE ALLERGIC TO:

LIST ANY MEDICATIONS THAT YOU ARE CURRENTLY TAKING:

MEDICATION	STRENGTH	HOW MANY PER DAY	FOW HOW LONG

LIST ANY MAJOR SURGERIES YOU HAVE HAD:

DATE	PROBLEM/SURGERY

SIGNIFICANT TRAUMA (AUTO ACCIDENTS, FALLS, ETC.)

SIGNIFICANT ILLNESSES (PLEASE CHECK ALL THAT APPLY)

- ☐ Arthritis
- ☐ Asthma
- ☐ Autoimmune Disease
- ☐ AIDS
- ☐ Cancer
- ☐ Connective Tissue Disease
- ☐ Diabetes
- ☐ Gallstones
- ☐ Heart Disease
- ☐ Hepatitis
- ☐ Hypertension
- ☐ Kidney Stones
- ☐ Rheumatic Fever
- ☐ Ruptured Appendix
- ☐ Seizures
- ☐ Thyroid Disease
- ☐ Venereal Disease

Eastern Harmony ACUPUNCTURE & HERBAL CLINIC — Health History

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Please check any symptoms you currently have or have had in the past year.

General
☐ Chills
☐ Low energy
☐ Dizziness
☐ Allergies
☐ Fatigue
☐ Fevers
☐ Excess thirst
☐ Insomnia
☐ Nervousness
☐ Numbness
☐ Sweat spontaneously
☐ Night sweating
☐ Lack of sweating
☐ Weight loss
☐ Weight gain
☐ Aversion to heat
☐ Aversion to cold

Head & Neck
☐ Blurred vision
☐ Heaviness in the head
☐ Headache
☐ Phlegm in throat
☐ Cataract
☐ Double vision
☐ Earache
☐ Ear discharge
☐ Eye pain/strain
☐ Corrected vision
☐ Nasal obstruction
☐ Nasal discharge
☐ Loss of sense of smell
☐ Hearing loss
☐ Hoarseness
☐ Nosebleeds
☐ Recurrent sore throat
☐ Red/inflamed eye
☐ Ringing in ears
☐ Sinus problems
☐ Sores on lips
☐ Sores on tongue
☐ Taste change
☐ Teeth problems
☐ Vision – see halos

Respiratory
☐ Asthma
☐ Hay fever
☐ Persistent cough
☐ Coughing blood
☐ Shortness of breath
☐ Recurrent bronchitis
☐ Phlegm production
☐ Difficulty inhaling
☐ Difficulty exhaling

Cardiovascular
☐ Chest pain
☐ High blood pressure
☐ Low blood pressure
☐ Irregular heart beat
☐ Poor circulation
☐ Swelling of ankles
☐ Varicose veins
☐ Hypochondriac pain
☐ Distention in chest or hypochondrium

Gastrointestinal
☐ Abdominal pain
☐ Bloating
☐ Belching
☐ Gas
☐ Constipation
☐ Diarrhea/loose stools
☐ Bloody stools
☐ Black stools
☐ Difficulty swallowing
☐ Poor appetite
☐ Heartburn/reflux
☐ Hemorrhoids
☐ Indigestion
☐ Poor appetite
☐ Stomachache
☐ Nausea
☐ Vomiting
☐ Vomiting blood

Diet/Lifestyle
☐ Vegetarian
☐ Healthy diet
☐ Eat much fried foods
☐ Eat much meat
☐ Smoke cigarettes
☐ Drink alcohol
☐ Drink coffee
☐ Use drugs
☐ Eat a lot of sweets
☐ Take melatonin
☐ Take steroids
☐ Exercise regularly
☐ Exercise excessively

Weight
☐ Underweight
☐ Normal for height
☐ Overweight
☐ Very overweight

Genitourinary
☐ Dilute urine
☐ Dark urine
☐ Blood in urine
☐ Cloudy urine
☐ Burning urination
☐ Scanty urine
☐ Profuse urine
☐ Frequent urination
☐ Poor bladder control
☐ Urgency to urinate

Musculoskeletal
Pain, weakness, numbness in:
☐ Arms
☐ Feet
☐ Hands
☐ Joints
☐ Legs
☐ Hips
☐ Neck
☐ Shoulders
☐ Pain all over
☐ Cold limbs
☐ Knee problems
☐ Low back pain
☐ All over weakness
☐ Lack of strength
☐ Broken bones

Skin
☐ Thick skin
☐ Thin skin
☐ Broken blood vessels
☐ Blood not clotting
☐ Bruise easily
☐ Discoloration
☐ Dark circles around eyes
☐ Bags under eyes
☐ Lumps in groin
☐ Lumps underarm
☐ Dry skin
☐ Acne
☐ Brittle nails
☐ Premature gray hair
☐ Dry, brittle hair
☐ Hair falling out

Neurologic
☐ Fainting
☐ Convulsions
☐ Handwriting change
☐ Paralysis
☐ Stroke
☐ Seizures
☐ Tremor
☐ Recent clumsiness
☐ Drowsiness
☐ Vertigo

Emotional
☐ Insomnia
☐ Irritability
☐ Often feel angry
☐ Troubling dreams
☐ Cry uncontrollably
☐ Feel sad a lot
☐ Forgetful
☐ Mind not clear
☐ Anxiety
☐ Much fear
☐ Unrestrained joy
☐ Terrors
☐ Difficulty expressing emotions

Men Only
☐ Genital pain
☐ Impotence
☐ Genital sores
☐ Lump in testicles
☐ Penis discharge
☐ Nocturnal emission
☐ Low sexual energy

Women Only
☐ Abnormal pap smear
☐ Bleed between periods
☐ Irregular periods
☐ Heavy periods
☐ <25 day cycle
☐ >35 day cycle
☐ Endometriosis
☐ Painful periods
☐ Premenstrual tension
☐ Breast lumps
☐ Contraceptives
☐ Sores on genitalia
☐ Low sexual energy
☐ Vaginal discharges
☐ Menopausal
☐ Uterine prolapse
☐ Facial hair
☐ Loss of head hair
☐ May be pregnant

Men's Fertility History

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How long have you and your partner been trying to conceive?_____

How would you define your sexual energy? ☐ Below normal ☐ Normal

	Yes	No
Do you have an undescended testes?	☐	☐
Have you ever been diagnosed with a varicocele?	☐	☐
Have you had any urologic surgeries?	☐	☐
Have you experienced difficulty maintaining erection?	☐	☐
Have you experienced difficulty ejaculating?	☐	☐
Have you had exposure to any known environmental toxins or hormones?	☐	☐
Have you experienced any penile discharge?	☐	☐
Do you regularly experience nocturnal emission?	☐	☐
Have you had a fertility workup?	☐	☐

If yes, what was your sperm count? ☐ Below normal ☐ Normal Number_____

What was the sperm motility? ☐ Below normal ☐ Normal Notes_____

What was the sperm morphology? ☐ Abnormal ☐ Normal Notes_____

COMMENTS/NOTES